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### PERSONAL

<b>Date of Birth</b>	03.06.1991
<b>Place of Birth</b>	BURSA

### EDUCATION

<b>2019 - 2024</b>	Ankara University, Nutrition and Dietetics, PhD
<b>2013 - 2018</b>	Hacettepe University, Nutritional Sciences, MSc
<b>2009 - 2013</b>	Hacettepe University, Nutrition and Dietetics, BSc

### ACADEMIC POSITIONS

<b>09/2024-</b>	Assistant Professor, Department of Nutrition and Dietetics, Atılım University, Türkiye
<b>02/2020-08/2024</b>	Research Assistant, Department of Nutrition and Dietetics, Atılım University, Türkiye

### RESEARCH INTERESTS

<b>1</b>	Food Service Systems
<b>2</b>	Gut Microbiota

### PROFESSIONAL SERVICE

<b>2016-2020</b>	Administrative Dietitian at İhsan Doğramacı Bilkent University, Cafeterias Management, Ankara, Turkey
<b>2014-2015</b>	Dietitian at a Private Clinic, Ankara, Turkey

## PUBLICATIONS (INTERNATIONAL)

1	Keles, N. A., Dogan, S., Dogan, A., Sudagidan, M., Balci, T. N., Cetiner, O., Kavruk, M., Ozalp, V. C. & Tuna, B. G. (2024). Long-term intermittent caloric restriction remodels gut microbiota in genetic predisposition to breast cancer. <i>Nutrition</i> , 112525. <a href="https://doi.org/10.1016/j.nut.2024.112525">https://doi.org/10.1016/j.nut.2024.112525</a>
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## PUBLICATIONS (NATIONAL)

1	<b>Balci, T. N.</b> , & Göktaş, Z. (2023). Türkiye’de Yaşayan Vegan-Vejetaryen Bireylerin Beslenme Durumlarının Kıyaslanması Üzerine Pilot Bir Çalışma. <i>Beslenme ve Diyet Dergisi</i> , 51(1), 50-60. <a href="https://doi.org/10.33076/2023.BDD.1734">https://doi.org/10.33076/2023.BDD.1734</a>
2	Kalyoncu, Z. B., Çetiner, Ö., <b>Balci, T. N.</b> , Eroğlu, Z. B., & Merdol, T. K. (2020). Perspectives of healthy eating environment on campus: A qualitative study in a private university in Ankara, Turkey. <i>Beslenme ve Diyet Dergisi</i> , 48(3), 18-38. <a href="https://doi.org/10.33076/2020.BDD.1392">https://doi.org/10.33076/2020.BDD.1392</a>

## CONFERENCE PRESENTATIONS (INTERNATIONAL)

1	Dikmen, D., Altınoy, C., Dikmen, B., <b>Balci, T. N.</b> , Viegas, C., & Rocha, A. (2024). Water footprint and Med-Diet adherence: preliminary results from MedDietMenus4Campus. <i>European Journal of Public Health</i> , 34(Supplement_3), ckae144-514.
2	<b>Balci, T. N.</b> , Hörnell, A., Dikmen, D., Rocha, A., Viegas, C., Nigl, N., Skinnars Josefsson, M., Jona, O. (2024). Food service and pandemics. <i>Annals of Nutrition and Metabolism</i> , 80 (1): 37–56. <a href="https://doi.org/10.1159/000535909">https://doi.org/10.1159/000535909</a>
3	Dursun, A., Tuna, B., Keles, N., Dogan, S., Sudagidan, M., Cetiner, O., <b>Balci, T.</b> , Kavruk, M. & Ozalp, V. (2023). Lifelong Exposure to Caloric Restriction Restores the Microbiota of Aging Mice. <i>Physiology</i> , 38(S1), 5730918. <a href="https://doi.org/10.1152/physiol.2023.38.S1.5730918">https://doi.org/10.1152/physiol.2023.38.S1.5730918</a>
4	<b>Balci, T. N.</b> , Goktas Z. Development of a Food Frequency Questionnaire Specific to Vegan and Vegetarians Living in Turkey. 10th International Nutrition and Dietetics E-Congress, Hacettepe University. March 31 – April 4, 2021.
5	Kalyoncu, Z. B., Cetiner, O., <b>Balci, T. N.</b> , Eroglu, Z., Murat N., Kutluay-Merdol T. Evaluation of Work Conditions of Dietitians During the COVID-19 Lockdown in Turkey Through a Web Survey. 10th International Nutrition and Dietetics E-Congress, Hacettepe University. March 31 – April 4, 2021. (Poster)
6	<b>Balci, T.</b> , Goktas, Z. Nutritional Status of Vegans and Vegetarians in Turkish Population. 40th ESPEN Congress, September 1-4, 2018. Madrid, Spain. <a href="https://doi.org/10.1016/j.clnu.2018.06.1897">https://doi.org/10.1016/j.clnu.2018.06.1897</a> (Poster)

**PROJECTS**

1	TÜBİTAK 1071, Promoting stakeholder adherence to Mediterranean Diet on Campus through menu interventions and social marketing strategies (MedDietMenus4Campus), 123N063, Researcher
2	ATU-LAP-2021-08 Evaluation of the Relationship between COVID-19 Pandemic and Nutrition, 2020-2021, Researcher
3	ATU-LAP-1920-04 Evaluation of Food and Beverage Services at Atılım University in terms of Healthy Nutrition and Quality, 2019-2020, Researcher

**COURSES GIVEN**

1	NUT101 – Principles of Nutrition, Atılım University, Department of Nutrition and Dietetics, Fall 2024-2025
2	NUT205 – Professional Orientation, Atılım University, Department of Nutrition and Dietetics, Fall 2024-2025